

## **STUDY SKILLS INVENTORY-CHASS**

### **WINTER 2003 PROBATION WORKSHOP**

The following survey is designed to help you identify study skills areas that may need adjustment. Please answer the following questions based on your present study habits. Circle A for "True" and B for "False." Please do not skip any questions.

- |   | <u>TRUE</u> | <u>FALSE</u> |
|---|-------------|--------------|
| 1. Most of the time I have time in my schedule for relaxation and social activities.  | (A)         | (B)          |
| 2. Most of the time it takes me a long time to figure out what to study next.   | (A)         | (B)          |
| 3. Most of the time I seem to accomplish very little in relation to the amount of time I spend studying.  | (A)         | (B)          |
| 4. Most of the time I get behind in one course because I have to study for another.   | (A)         | (B)          |
| 5. Most of the time I let outside activities or commitments interfere with my studying or cause me to neglect my homework assignments.                | (A)         | (B)          |
| 6. Most of the time I fail to complete assignments on time or suddenly discover that an assignment is due sooner than I think.                        | (A)         | (B)          |
| 7. Most of the time I set aside specific times to study for specific courses or have a written schedule that I follow.                                | (A)         | (B)          |
| 8. Most of the time I find myself reading slowly, word by word.   | (A)         | (B)          |
| 9. Most of the time I mark or underline in my textbook <u>after</u> I have read through the material once.  | (A)         | (B)          |
| 10. Most of the time if I am reading a lengthy or difficult assignment, I stop periodically and try to summarize what I've just read.                 | (A)         | (B)          |
| 11. Most of the time I begin reading a textbook assignment by first looking at and thinking about the title, subheadings, and illustrative materials. | (A)         | (B)          |
| 12. Most of the time I have difficulty picking out the important points in a reading assignment.  | (A)         | (B)          |
| 13. Most of the time I skip over the figures, graphs, and tables in a reading assignment.   | (A)         | (B)          |
| 14. Most of the time I take notes on what I read.   | (A)         | (B)          |
| 15. Most of the time I feel I can effectively proofread and edit my own essays and papers.  | (A)         | (B)          |
| 16. Most of the time when I write an essay my examples clearly support my thesis.   | (A)         | (B)          |
| 17. Most of the time I make an outline before I start to draft an essay.  | (A)         | (B)          |
| 18. Most of the time I feel I use good grammar and punctuation when writing.  | (A)         | (B)          |

TRUE      FALSE

- |   |     |     |
|---|-----|-----|
| 19. Most of the time I have a clear idea of how I should organize my essay.   | (A) | (B) |
| 20. Most of the time my essays show a clear understanding of the topics I write about.  | (A) | (B) |
| 21. Most of the time when I am having difficulties with my writing, I work with my instructor or with tutors to help improve my writing skills. | (A) | (B) |
| 22. Most of the time I feel I have just as much academic ability as my peers.   | (A) | (B) |
| 23. Most of the time I can motivate myself to do academic work.   | (A) | (B) |
| 24. Most of the time I put the needs and interests of others before my studies.   | (A) | (B) |
| 25. Most of the time I feel like I should be able to resolve all my personal problems without the need for assistance from others.              | (A) | (B) |
| 26. Most of the time I can recognize when anxiety is interfering with my academic performance.  | (A) | (B) |
| 27. Most of the time I feel obligated to do what others expect of me rather than what I really want to do.                                      | (A) | (B) |
| 28. Most of the time I set reasonable goals and standards for myself and am able to reach them.   | (A) | (B) |
| 29. Most of the time I wait a day or more before reviewing notes taken in class.  | (A) | (B) |
| 30. Most of the time I prepare for lectures by reading or thinking about what I may hear.   | (A) | (B) |
| 31. Most of the time my notes are disorganized soon after the quarter begins.   | (A) | (B) |
| 32. Most of the time I try to record my instructor's exact words when taking class notes.   | (A) | (B) |
| 33. Most of the time I have difficulty understanding my class notes when I try to read them over later.   | (A) | (B) |
| 34. Most of the time I get behind in my note taking because I can't write fast enough.  | (A) | (B) |
| 35. Most of the time I feel lost during lectures.   | (A) | (B) |

## ANSWER KEY - CHASS

Use the answer key below to check your answers: Shaded letters are the correct responses. To score, put a line through incorrect responses on your answer sheet.

1.	(A)	(B)	TM MGMT	19.	(A)	(B)	SUBJ A PREP
2.	(A)	(B)	TM MGMT	20.	(A)	(B)	SUBJ A PREP
3.	(A)	(B)	TM MGMT	21.	(A)	(B)	SUBJ A PREP
4.	(A)	(B)	TM MGMT	22.	(A)	(B)	STRESS/PROC
5.	(A)	(B)	TM MGMT	23.	(A)	(B)	STRESS/PROC
6.	(A)	(B)	TM MGMT	24.	(A)	(B)	STRESS/PROC
7.	(A)	(B)	TM MGMT	25.	(A)	(B)	STRESS/PROC
8.	(A)	(B)	Reading	26.	(A)	(B)	STRESS/PROC
9.	(A)	(B)	Reading	27.	(A)	(B)	STRESS/PROC
10.	(A)	(B)	Reading	28.	(A)	(B)	STRESS/PROC
11.	(A)	(B)	Reading	29.	(A)	(B)	NOTE TKG
12.	(A)	(B)	Reading	30.	(A)	(B)	NOTE TKG
13.	(A)	(B)	Reading	31.	(A)	(B)	NOTE TKG
14.	(A)	(B)	Reading	32.	(A)	(B)	NOTE TKG
15.	(A)	(B)	SUBJ A PREP	33.	(A)	(B)	NOTE TKG
16.	(A)	(B)	SUBJ A PREP	34.	(A)	(B)	NOTE TKG
17.	(A)	(B)	SUBJ A PREP	35.	(A)	(B)	NOTE TKG
18.	(A)	(B)	SUBJ A PREP				

### TEST RESULTS

If you have missed **4 or more** questions in any study skills area, please attend the corresponding workshop on January 11<sup>th</sup>.

- Time Management
- Reading & Note Taking
- Subject A Prep
- Stress Mgmt/Procrastination